



Hanson Services, Inc. *In-Home Assisted Living Providers*

The Hanson Services Education Department offers several free programs approved for continuing education credit for various healthcare professionals.

Taking Charge After Discharge: Helping Patients Stay Healthy at Home

This program offers healthcare professionals information and resources to help guide their patients toward better self-management of chronic conditions, once they leave the doctor's office or hospital room. It provides educational tools and resources to offer clients to help them make healthy lifestyle choices and then turn those choices into lifelong healthy habits.

Louder Than Words: Understanding and Responding to Unpredictable Behavior in Persons with Cognitive Impairment

Offers a better understanding of unpredictable behaviors by seeing them, not as problems to be solved, but as communication to be understood. Includes discussion on causes and triggers, and provides a variety of approaches for responding to and interacting with persons with dementia aimed at improving their well being.

Relaxed & Ready: Proactive Steps to Wellness (Excellent for special events)

Arms you with a variety of strategies and best practices, from practical to philosophical, your clients may use to take charge of their physical and mental well being. Going beyond stress management, the techniques are great for general wellness and managing chronic conditions. The program includes a relaxation demonstration so a relatively quiet meeting space is recommended. **Now available as an online course for special events.**

Helping Caregivers, and Other Stressed Out Clients, with Guided Imagery

Not just for new age gurus! Learn about this simple but powerful technique useful for dealing with a wide variety of life's daily struggles. Guided Imagery promotes deep relaxation and helps clients find inner resources and empowerment. Includes demonstration, so a relatively quiet meeting space is recommended.

Providing Guidance and Comfort in End of Life Situations

Allows healthcare professionals to feel confidently well-informed about the services and benefits of hospice and palliative care. Explores the complicated decisions facing persons dying in the hospital and offers strategies for having difficult discussions with patients and their families.

**All listed programs are approved for 1 credit hour for
Case Managers, Social Workers, Counselors, and Nurses**

**For more information or to schedule a program contact
Laura Hazen, Education Director ~ hazen@hanson-services.com 216-226-5425**

Updated with the latest research. Available starting July 2018, live or online for events.

Staying Informed and Up to Date on Alzheimer's and other Dementias – COMING JULY 2018

Get the latest information on what we know about Alzheimer's including: causes, symptoms, changes to the brain, developing treatments, prevention strategies and a research update. Includes a brief review of some of the other most common dementias.

**Hanson Services, Inc. 17017 Madison Ave. Lakewood, Ohio 44107
216-226-5425 www.hanson-services.com**